

DID YOU KNOW?

**YOUR ODDS
OF FINDING A
FOUR-LEAF
CLOVER ARE:**

**ABOUT 1 IN
10,000.**

Word Up

KEEPING CURRENT

we feed. we shelter. we support.



we care

voacolorado.org

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We are so proud of Mackenzie, She has received a great opportunity at Centura Health in Silverthorne Colorado where she will be pursuing her RN degree along with work study through Colorado Mountain College.

Congratulations !

Jobs that are Current

SEARS- Tell them VOA Sent you
Merchandise Processors and Appliance Repair
Specialists

shos.com then click careers

701 Osage Street Denver 80204

303.573.3830

Colorado Non-Profit Job Board

[http://www.coloradononprofits.org/careers/
career-center/nonprofit-jobs/](http://www.coloradononprofits.org/careers/career-center/nonprofit-jobs/)

Indeed Job Board

(Has a phone app)

[http://www.indeed.com/l-Denver,-CO-
jobs.html](http://www.indeed.com/l-Denver,-CO-jobs.html)

Strive Connect

(Has a phone app)

<http://www.striveconnect.com/>

Community Resource of the Month

FREE TAX PREPARATION!

DENVER ASSET BUILDING COALITION – WWW.DENVERABC.ORG



FREE SERVICES FOR FAMILIES EARNING LESS THAN \$55,000,
OR SINGLE FILERS EARNING LESS THAN \$35,000

EXPERIENCED IRS-CERTIFIED VOLUNTEERS WILL
HELP YOU GET ALL THE TAX CREDITS YOU DESERVE.

DABC FREE TAX SUPERSITES!

MI CASA RESOURCE CENTER

360 Acoma Street, Denver, CO 80223

Spanish-language bilingual translators on hand

January 23 – April 18, 2016

Mondays, Tuesdays & Wednesdays: 5:30p - 8:30p

Saturdays: 9:00a - 5:00p

April 15, 16 & 18 extended hours 9:00a - 9:00p

WELLS FARGO SUPER SITE

9000 E. Colfax Ave., Aurora, CO 80010

January 23 – April 16, 2016

Saturdays: 9:00a - 1:00p

(Now also providing drop-off/pick-up Valet services)

DABC VALET SITES

(DROP OFF/PICK UP)

JEFFERSON COUNTY HUMAN SERVICES

3500 Illinois Street, Suite 1300, Golden, CO 80401

January 25 – April 4, 2016

Mondays: 12:00p - 4:00p

DENVER HUMAN SERVICES - CASTRO BUILDING

1200 Federal Blvd., Room 1056, Denver, CO 80204

January 26 – April 5, 2016

Tuesdays: 12:00p - 4:00p

VOLUNTEERS OF AMERICA COLORADO BRANCH

2877 Lawrence Street, Denver, CO 80205

January 26 – April 5, 2016

Tuesdays: 10:00a - 4:00p

BILL DANIELS VETERAN SERVICES CENTER

1247 Santa Fe Drive, Denver, CO 80204

January 27 – April 6, 2016

Wednesdays: 12:00p - 4:00p

THE ACTION CENTER

8745 West 14th Ave., Lakewood, CO 80215

January 27 – April 6, 2016

Wednesdays: 12:30p - 3:30p

MI CASA INNOVATION LAB

3399 Holly Street, Suite 134, Denver, CO 80207

January 28 – April 7, 2016

Thursdays: 10:00a - 4:00p

FREQUENTLY ASKED QUESTIONS

WHAT DO I BRING WITH ME TO HAVE MY TAX RETURN PREPARED?

- SSN cards or Individual Taxpayer Identification Number cards for ALL people on tax return.
- W-2 forms (Wage and Tax Statements) from all employers.
- Valid Driver's License or government issued photo ID card.
- 1099 forms, reporting interest, dividends, self-employment, unemployment, social security, state tax refund.
- If filing jointly, spouse must be present to file electronically.
- Copy of last year's tax return, if available.
- Form 1095-A if you purchased health insurance from the Marketplace.
- For a complete list, please visit www.DenverABC.org/help/bring.htm

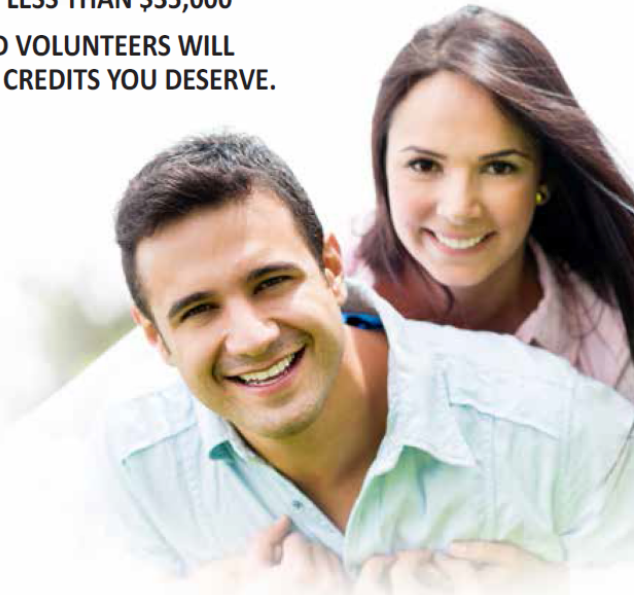
WHAT IF I DON'T HAVE SOCIAL SECURITY CARDS FOR EVERYONE ON THE TAX RETURN?

You may use a prior years' tax return showing you, your spouse and all dependents on the tax form. If you do not have that, you can either:

- Go to the Social Security Administration Office at 1500 Champa St, #200, and request new cards for you, your spouse and ALL dependents; or
- Set an appointment with the IRS Taxpayer Assistance Center at 1999 Broadway in Denver by calling 844-545-5640.

WHERE ELSE CAN I HAVE MY TAXES PREPARED?

- Do your Federal and CO taxes for free online at www.myfreetaxes.com



FOR UPDATED SCHEDULE INFORMATION, PLEASE VISIT OUR WEBSITE AT WWW.DENVERABC.ORG

FREE DAYS 2016

Free Days!

Denver Museum of Nature & Science– 2001 Colorado Blvd, Denver:
March 2

Children’s Museum of Denver– 2121 Children’s Museum Dr, Denver, CO:
March 3rd 4-8pm

Denver Art Museum– 100 W. 14th Ave, Pkway. Denver: March 7

Denver Bontanic Gardens– 1007 York St, Denver, CO, 80206: March 22

Clyfford Still Museum– 1250 Bannock St: March 27th

Netflix and Exercise

(things you can do at home)

Day 1: 20 Jumping Jacks, 10 Crunches

Day 2: 30 Jumping Jacks, 15 Crunches

Day 3: 40 Jumping Jack, 20 Crunches

Day 4: 50 Jumping Jacks, 25 Crunches

Day 5: REST DAY (10 lunges)

Day 6: 55 Jumping Jacks, 10 Sit-ups

Day 7: 60 Jumping Jacks, 15 Sit-ups

Day 8: 65 Jumping Jacks, 20 Sit-ups

Day 9: 70 Jumping Jacks, 25 Sit-ups

Day 10: REST DAY (10 lunges)

This is just the beginning of a healthy and happy life for you.

March 2016

Mon	Tue	Wed	Thu	Fri	Sat
	1 Job Search: 1:30pm-4:00pm WIOA	2	3 Job Search: 1:30pm-4:00pm 5pm Community Dinner 6pm—8pm E&E	4	5 10:30am Breakfast 11am—1pm E&E
7	8 Job Search: 1:30pm-4:00pm	9	10 Job Search: 1:30pm-4:00pm 5pm Community Dinner 6pm—8pm E&E	11	12 10:30am Breakfast 11am—1pm E&E
14	15 Job Search: 1:30pm-4:00pm	16	17 Job Search: 1:30pm-4:00pm St. Patrick's Day!	18	19
21	22 Job Search: 1:30pm-4:00pm	23	24 Job Search: 1:30pm-4:00pm	25	26
28	29 Job Search: 1:30pm-4:00pm	30	31 Job Search: 1:30pm-4:00pm	SUNDAY MARCH 27th EASTER	



Recipe of the Month

This St. Patrick's Day Green Smoothie lets you have a Shamrock Shake the healthy way!

Ingredients

- 1 frozen, really ripe banana
- 1 c milk (I used Almond Breeze Almond Coconut Milk, but you can use any milk you choose)
- ½ cup plain Greek yogurt or cottage cheese
- ½ c kale (or other dark, leafy green of your choice)
- ½ t vanilla extract
- ¼ t mint extract or about 2 drops [Peppermint Essential Oil](#)
- ice cubes - I used 4 regular-sized ones. This was probably about ¾ c. Adjust accordingly based on the size of your ice cubes and how icy you want it.
- Optional - you can add a bit of sugar, honey, stevia, etc., if needed, depending on how ripe and sweet your banana is

Read more at <http://cupcakesandkalechips.com/all-natural-shamrock-shake-green-smoothie-recipe/#DHYYuIM2sAa5TtpQ.99>

